

Stress?

How well are you coping?

Confidential Online Assessment

To address the increasing prevalence of physician burnout, the Metro Omaha Medical Society has taken the initiative to provide area physicians, medical students, residents and fellows with an accessible, confidential, and time efficient way to both gauge stress and gain access to supportive resources. The Provider Wellness online assessment is a series of 39 questions.

The assessment questions are not meant to be used as a diagnostic tool or to make any type of formal assessment. Instead, your results will be evaluated by a third-party, out-of-state counselor, who will provide recommendations and point you to resources if needed.

Complete Confidentiality

The assessment is anonymous. At no time will the Metro Omaha Medical Society staff or any local health care organization see your information - including your name, contact information, hospital affiliation or assessment responses.



Simply visit:

www.omahamedical.com

Click here.

For more information or to access the Provider Wellness assessment.

