

2019 ANNUAL REPORT

ABOUT THE FOUNDATION:

The Metro Omaha Medical Society Foundation was formed in 1981 when Dr. Charles Bressman was President of Metro Omaha Medical Society. After Dr. Bressman's death in 1994, the Foundation received a gift of \$5,000 from the Bressman Family to help fund the community goals of the Foundation. Since then, physicians have had the opportunity to donate to the Foundation at the time of membership renewal, or as a memorial. Foundation funds have grown over the years because of the generous support by Metro Omaha Medical Society members. In 2002, the Foundation began awarding community grants to various organizations in the Metro Omaha area and now awards thousands of dollars each year to organizations supporting Metro Omaha Medical Society's primary mission of advocating for patients and public health.

Silent auctions at various events like Annual Meeting, with all proceeds benefitting the MOMS Foundation, provide another opportunity for members to donate. We've also created AmazonSmile and TAGG accounts so that physicians can make their spending benefit MOMS Foundation as well.

For the last decade, the MOMS Foundation has also supported a number of organizations through our Match Grant Program including: Hope Medical Outreach Coalition, Lasting Hope Recovery Center, Josie Harper Hospice House, Food Bank for the Heartland, Omaha Street School, Metropolitan Community College Single Parent Homemaker Services, Omaha Children's Museum ImagiNation exhibit, Omaha Healthy Kids Alliance, Radio Talking Book Service and Stephen Center Clinic. MOMS Foundation matches the first \$5,000 in member donations for this grant.

Since 2002, with your support, the Foundation has donated more than \$343,000 through our general grants, and more than \$100,000 through the Match Grant Program! We thank you for your commitment to serving our community and ask that you join us in making an even greater impact in this coming year.

OUR MISSION:

The Metro Omaha Medical Society Foundation identifies and provides support to community priorities where physician involvement can make a difference in improving the health of the metro Omaha community.

2019 FOUNDATION BOARD OF DIRECTORS:

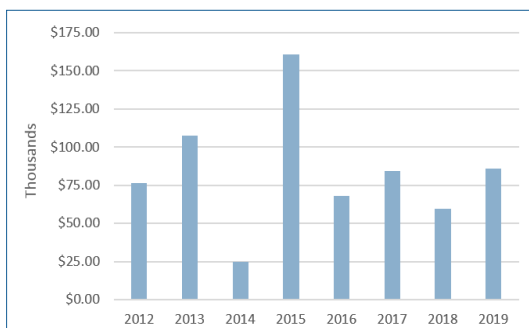
Deb Esser, MD
President

Maria Michaelis, MD
Secretary/Treasurer

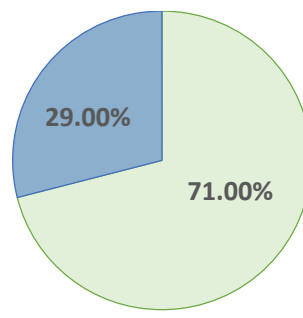
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Jonathan Fuller, MD
James Harper, MD
Curtis Hartman, MD
Stephen Hug
David Ingvaldstad, MD
Richard Kutilek, MD
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Carol Russell

Previous Year Income Comparison

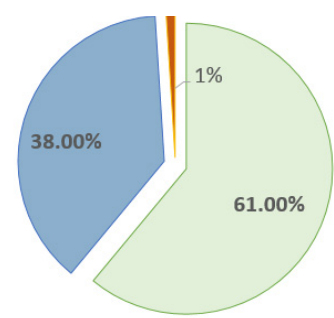


Primary Foundation Funds Actual Allocation



Equity Fixed Income/Cash

Foundation - Paustian Trust Actual Allocation



Equity Fixed Income/Cash Money Market

2019 COMMUNITY GRANT RECIPIENTS

HOSPICE HOUSE - \$2,500

Hospice House is a home-like facility where individuals with terminal illnesses receive care when they are no longer able to be cared for in their home. They provide compassionate, comfortable end-of-life care, on-going support for families, and community-wide educational outreach. Grant funds will be used to purchase slide sheets for transferring and repositioning residents to maintain residents' comfort and staff safety.



INTERCULTURAL SENIOR CENTER - \$1,200

Intercultural Senior Center specializes in creating a welcoming, supportive place for seniors from around the world, so they can live vibrant lives with dignity. One of the main reasons older adults start attending ISC is to exercise more to maintain a healthy weight, manage chronic conditions, and live more independently. The grant will fund the purchase of two stationary bicycles to encourage more physical activity and help ISC clients with their exercise goals.



ONE WORLD COMMUNITY HEALTH CENTER- \$8,317.50

OneWorld Community Health Center provides culturally respectful, quality health care with special attention to the underserved. Their vision is to be an innovative leader in health care, empowering individuals, and creating healthier communities. Grant funds will be used to purchase vision screeners to detect eye problems in children ages 6 months and older.



OMAHA PUBLIC LIBRARY FOUNDATION - \$5,400

The Omaha Public Library Foundation raises funds and advocates for Omaha Public Library programs and services. Omaha Public Library places a high emphasis on early childhood literacy programming. To support this objective, Omaha Public Library has 19 early literacy activity panels in rotation across all 12 library branches. The panels use colorful, interactive elements to encourage children to use and develop critical thinking skills, letter knowledge and phonological awareness. The grant dollars will fund additional panels for libraries.



OLLIE WEBB CENTER, INC. - \$3,500

For over 65 years, the Ollie Webb Center has been an advocate and resource for people with intellectual disabilities and their families. The grant involves the First Chapter Book Club program, which provides students with intellectual and developmental disabilities at Omaha area high schools, expansion of literacy skills and increased opportunities for social connection. Specifically, the funds will support a portion of the adult book clubs already in existence as well as books and materials for the educational kits.



PROJECT HARMONY - \$3,600

Project Harmony serves child abuse victims and their non-offending family members with a focus on ending the cycle of child abuse and neglect. The diversity of families being served includes Middle Eastern Arabic, Karen, Nepali, Vietnamese, Somali and many others. Grant funds will purchase two medical interpretation systems (called Martti carts) that will enable investigators to remove language barriers and translate over 60 languages.



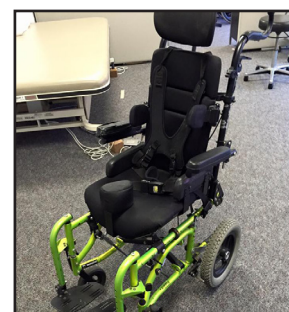
2019 MATCH PROGRAM RECIPIENT

MOBILITY EQUIPMENT RESTORATION *(Presented January 2020)*

Mobility Equipment Restoration is a non-profit organization that restores and custom builds wheelchairs, strollers, walkers, and various types of equipment for children with special needs. They specialize in working one-on-one with children to understand their needs and tailor the equipment to order.

Mobility Equipment Restoration serves equipment requests from OPS, refugee organizations and local healthcare systems. They have 75-100 pieces of equipment out on loan at any given time, with about 200 pieces of equipment in current inventory. They try to provide the equipment at little or no cost to families.

Grant funds will be used to purchase new equipment and replacement accessories to keep equipment in working order.



Physician Wellness Events Funded by COPIC Foundation & Physicians Foundation

Grant funding from the COPIC Foundation and Physicians Foundation has allowed the MOMS Foundation to host various wellness-themed events aimed to build camaraderie and connections among members and physicians in the Omaha area.

Music, Medicine, & Mental Health

Over 85 MOMS members, UNO music students and guests attended the lecture-recital by internationally renowned concert pianist and psychiatrist, Richard Kogan, MD. He spoke about the life and thought processes of composer and pianist George Gershwin. Kogan performed well-known Gershwin pieces such as “Rhapsody in Blue” and selections from “Porgy and Bess.” Following the performance, Dr. Kogan discussed the impact of music in medicine. Thank you also to the UNO School of Music and Nebraska Psychiatric Society for co-sponsoring this event.

Moral Injury Speaker

The Medical Society invited Wendy Dean, MD to speak on the impact of moral injury on health care. Dr. Dean focuses on finding innovative ways to make medicine better for both patients and physicians. There were over 50 Omaha-area physicians in attendance at the event which was held at the Core Bank headquarters conference room.

Physician Story Slam

The Medical Society hosted its first physician storytelling workshop & performance at Hardy Coffee Co. in Benson. Jennifer Castello with Nebraska Writers Collective facilitated the storytelling workshop. There were 10 physicians and brave storytellers in attendance.



SPECIAL THANKS TO OUR 2019 DONORS

The donors listed below made contributions the Metro Omaha Medical Society Foundation either to the general grant fund, as a memorial or through the Match Grant Program.

We thank each and every donor for enabling the MOMS Foundation to make a positive impact in the community.

\$1,000 AND ABOVE

Dr. Jonathan & Mrs. Kyoko Fuller
Midwest Allergy & Asthma Clinic Physicians
Dr. Deb Romberger
Dr. Alan & Nancy Thorson
Dr. David J. Watts
The Physicians Foundation (earmarked for physician wellness initiatives)
COPIC Foundation (earmarked for physician wellness initiatives)

\$500 TO \$999

Dr. Deborah & Bruce Esser
Stephen Hug & Tom Elser
Dr. William & Marilyn Ingram
Drs. Beau & Sara Konigsberg
Dr. William & Leslie Palmer
Dr. Michele Marsh & John Terry
Dr. Rowen & Emily Zetterman

\$250 TO \$499

Dr. Jane M. Carnazzo
Dr. Andrew & Jen Coughlin
Dr. and Mrs. Paul Esposito
Dr. Cynthia Ferris
Dr. Josette Gordon-Simet
Dr. John & Janis Haggstrom
Dr. Bill Lydiatt
Dr. Michael Romano
Dr. Travis & Wendy Teetor
Dr. and Mrs. Britt Thedinger

UP TO \$250

Dr. Kimberly Apker
Dr. Claire Baker
Dr. Richard & Michaela Belatti
Dr. Marvin Bittner
Dr. Chelsea Chesen
Dr. Stanley Davis
Dr. Diana Doyle
Dr. Carol Drake
Dr. Cynthia & Craig Ellis
Dr. Timothy & Therese Fitzgibbons
Dr. Maureen & Ed Fleming
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Dr. Joseph McCaslin
Dr. Paul & Glenna Meissner
Drs. John & Kathleen Mitchell

Irma & Steven Neptune
Drs. James & Myrna Newland
Dr. Kevin Nohner
Dr. Anne O'Keefe
Dr. Anusha Pinjala
Dr. Neal & Deb Ratzlaff
Dr. Steven & Jodi Sindelar
Dr. Ron Wax
Dr. Mark C. Wilson
Dr. Dorothy Zink

Donor listing represents donations received between January 1, 2019 and December 31, 2019.