

2023 ANNUAL REPORT

ABOUT THE FOUNDATION:

The Metro Omaha Medical Society Foundation was formed in 1981 when Dr. Charles Bressman was President of Metro Omaha Medical Society. After Dr. Bressman's death in 1994, the Foundation received a gift of \$5,000 from the Bressman Family to help fund the community goals of the Foundation. Since then, physicians have had the opportunity to donate to the Foundation at the time of membership renewal, or as a memorial. Foundation funds have grown over the years because of the generous support by Metro Omaha Medical Society members. In 2002, the Foundation began awarding community grants to various organizations in the Metro Omaha area and now awards thousands of dollars each year to organizations supporting Metro Omaha Medical Society's primary mission of advocating for patients and public health.

Silent auctions at various events like Annual Meeting, with all proceeds benefitting the MOMS Foundation, provide another opportunity for members to donate. We've also created an TAGG account so that physicians can make their spending benefit MOMS Foundation as well.

For the last decade, the MOMS Foundation has also supported fourteen Omaha-area non-profit organizations through our Match Grant Program. The 2023 recipient was Saving Grace Perishable Food Rescue. MOMS Foundation matches the first \$5,000 in member donations for this grant.

Since 2002, with your support, the Foundation has donated more than \$445,000 through our general grants, and more than \$303,000 through the Match Grant Program!

We thank you for your commitment to serving our community and ask that you join us in making an even greater impact in this coming year.

OUR MISSION:

The Metro Omaha Medical Society Foundation identifies and provides support to community priorities where physician involvement can make a difference in improving the health of the metro Omaha community.

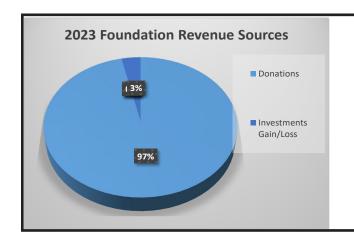
2023 FOUNDATION BOARD OF DIRECTORS:

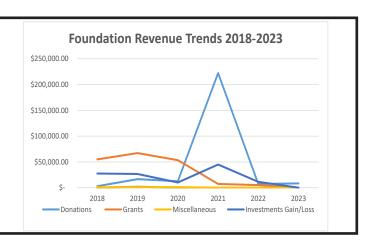
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COMPLETELY KIDS - \$3,900

Completely KIDS educates and empowers KIDS and families to create a safe, healthy, successful and connected community.



In supporting their mission, we provided dental and vision screenings for 180 parents and caregivers.

GIRLS INC. OF OMAHA- \$4,000

Girls Inc. is where they prepare girls for the world by providing opportunities and experiences that amplify their voices, build leadership skills, encourage risk-taking, and celebrate all-around fierceness. And they prepare the world for the girls by advocating for gender and racial equity. This year's grant allows them to create an asthma education program for 200 girls, staff, parents/guardians.

HEALING GIFT FREE CLINIC - \$2,300

Since 2010 the Healing Gift Free Clinic has provided basic medical services to vulnerable and uninsured people in the Omaha area.



All services are free to patients, so health insurance is not needed to be seen by one of our volunteer medical professionals. The Clinic also can provide help in the form of referrals to other community services, including; housing, transportation, utilities & insurance. Our gift allows them to purchase blood pressure monitors for 40 individuals.

INTERCULTURAL SENIOR CENTER-\$2,500

Our mission is to improve the dignity, quality of life, and physical well-being Intercultural SENIOR CENTER of seniors from around the world through

advocacy, education, access to social services, and cultural enrichment activities that benefit the entire community. The funds from the MOMS Foundation will go toward purchasing equipment and supplies that allows them to establish an early memory loss day program.

LEAST OF MY BRETHREN - \$2,585

Least of My Brethren is a volunteer-run organization that serves the most vulnerable in our community to meet their immediate basic health and survival needs while forming relationships and working to meet their long-term needs. The MOMS grant allows them to purchase kitchen/food equipment to feed 4,000 people a year.

ONE WORLD **COMMUNITY** HEALTH CENTER-\$4,189



OneWorld Community Health Center provides culturally respectful, quality health care with special attention to the under served. Their vision is to be an innovative leader in health care, empowering individuals, and creating healthier communities. Grant funds will allow them to purchase a transcutaneous bilirubinometer to help detect infant jaundice early.

PROJECT HARMONY - \$5,916



Project Harmony serves child abuse victims and their non-offending family members with a focus on ending the cycle of child abuse and neglect. The diversity of families being served includes Middle Eastern Arabic, Karen, Nepali, Vietnamese, Somali and many others. Contributions from physicians will enable them to purachase a mobile vision screener that will be used to help detect visual acuity problems in more than 1,100 children a year.

2023 MATCH PROGRAM RECIPIENT

SAVING GRACE Perishable Food Rescue



As Omaha's only dedicated perishable food rescue service, Saving Grace provides food to people in need by connecting excess perishable food donated by local food vendors to organizations that serve people experiencing food insecurity. They make a difference by creating greater equity in our food system by providing more people access to fresh, nutritious food while also reducing the amount of wasted food in our landfills.

2023's Match Grant will fund community fridges in areas that don't have access to fresh foods and where residents experience high rates of poverty. The first one will be installed in Walnut Hill and other sites will follow as this program grows city-wide.





R + R Wellness Center events

Grant funding from the Healthy Blue has allowed the MOMS Foundation to provide wellness aimed to build camaraderie and connections among members and physicians in the Omaha area in a safe space.

Women in Medicine Spring Planting

Christina Mainelli from The Green House led a spring planting class at the R+R Wellness Center in May for the Women in Medicine group. Attendees enjoyed food and beverages and networking while planting terrariums.

Early Career Physicians Foodie Night

MOMS Early Career Physicians gathered in late August at the R+R Wellness Center to network and chat with several physician mentors while sampling food from Caribbean Delights.

Legislative Meet and Greet

Omaha-area physicians met with candidates and lawmakers at the R+R Wellness Center and was hosted by Metro Omaha Medical Society, Nebraska Chapter of the American Academy of Pediatrics, Nebraska Psychiatric Society, American College of Physicians and the Nebraska Regional Council of Child & Adolescent Psychiatry.

SPECIAL THANKS TO OUR 2023 DONORS

The donors listed below made contributions the Metro Omaha Medical Society Foundation either to the general grant fund, as a memorial or through the Match Grant Program. We thank each and every donor for enabling the MOMS Foundation to make a positive impact in the community.



MerryMakers



Past Grant Recipient-Visiting Nurse Association



Past Grant Recipient-Ronald McDonald House Charities

\$1.000 AND ABOVE

Dr. Alan & Nancy Thorson Dr. Deb Romberger Dr. Meera & Naresh Dewan Anonymous

\$500 TO \$999

Dr. Deborah Esser Drs. Stephanie & Curtis Hartman Dr. William Lydiatt Dr. Rowen & Joanie Zetterman

\$250 TO \$499

Donna Faber Dr. Herbert Hartman Dr. Bridget Norton Dr. Audrey Paulman

UPTO \$250

Dr. Kim Apker Dr. Marvin Bittner Dr. James Commers Dr. Andrew Coughlin Dr. Paul Esposito Dr. Herbert Hartman Dr. Linda Head Dr. William Ingram Dr. Andrea Jones Dr. Angela Law Dr. Melanie Menning

Dr. John Peters Dr. Neal Ratzlaff Dr. Mike Romano Dr. Jill Slupe Dr. Michael Visenio Dr. Mary Wells Dr. Randy & Connie Woodward Dr. Dorothy Zink

Donor listing represents donations received between January 1, 2023 and December 31, 2023.