

2024 ANNUAL REPORT



OUR MISSION:

The Metro Omaha Medical Society Foundation identifies and provides support to community priorities where physician involvement can make a difference in improving the health of the metro Omaha community.

2024 FOUNDATION BOARD OF DIRECTORS:

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ABOUT THE FOUNDATION:

The Metro Omaha Medical Society Foundation was formed in 1981 when Dr. Charles Bressman was President of Metro Omaha Medical Society. After Dr. Bressman's death in 1994, the Foundation received a gift of \$5,000 from the Bressman Family to help fund the goals of the Foundation. Since then, physicians have made generous donations to the Foundation during membership renewal or as a memorial, enabling Foundation funds to grow. In 2002, the Foundation began awarding community grants to organizations supporting Metro Omaha Medical Society's primary mission of advocating for patients and public health. The Foundation now awards thousands of dollars each year in community grants.

In 2003, the MOMS Foundation began its Match Grant Program to make a significant contribution to one Omaha-area nonprofits each year. The Foundation matches the first \$5,000 in donations to create maximum impact. This year's Match Grant benefits the Youth Emergency Services mental health program.

With your support, more than \$473,000 in general grants have been awarded and \$316,000 through the Match Grant.

When the issue of physician burnout became a pressing issue in our community, the MOMS Foundation established a wellness program that started with an online assessment and telepsych care. During the pandemic, the MOMS Foundation created a Wellness Center for physicians. The Wellness Center closed at the end of 2024 and writing groups commenced as continued wellness programming.

As we look at need, we are starting to raise dollars to help underwrite programming costs to ensure MOMS can continue to create connection in the medical community.

We are so grateful for your commitment to serving our community and thank you for making a difference.

2024 MATCH GRANT



Each year, the Metro Omaha Medical Society Foundation asks members to join in supporting a local nonprofit. The MOMS Foundation matches the first \$5,000 in donations.

Youth Emergency Services (YES), known in Omaha for its Emergency Shelter, Transitional Living Program, and Maternity Group Home, established a youth mental health program for the youth they serve to promote mental well-being and prevent the cycle of chronic homelessness among the vulnerable youth they serve.

DONATIONS WILL BE UTILIZED TO FUND:

- Five mental health sessions per youth - including diagnostic assessment and up to four individual or family therapy sessions
- Comprehensive screening with purchase of Ages and Stages for developmental milestones and the Beck Depression Inventory assessments
- Youth Mental Health First Aid training to equip YES staff with the skills to support our youth effectively

2024 COMMUNITY GRANT RECIPIENTS

GIRLS, INC. - \$4,950

This project will provide specialized, trauma-informed support to 80+ Girls Inc. girls impacted by the foster care system, by harnessing girls' love for technology to support the development of critical social and emotional regulation skills.



RESPECT - \$1,624.68

This grant will support the development and implementation of educational theatre programs to teach children and youth how to be safe and healthy in their relationships with others (learn how to respect animals or understand and implement social media safety). Grant funds will also provide program scholarships to ensure that financial constraints are not a barrier for the teachers, counselors, parents, and others, who are requesting RESPECT programming.



NCS HOPE FOUNDATION - \$5,000

The program mitigates the financial distress of covering everyday expenses during cancer treatment, such as housing, transportation, medical and food, through individual patient grants up to \$1,500. Collaboration with local hospital foundations and nonprofits, as well as local providers, nurses, social workers, and advocates to connect cancer patients to resources helps maximize impact and ensure they can meet the financial needs of a growing number of patient referrals received each month and will help to meet the goals of financial sustainability.



VNA - \$9,000

This grant will fund a Welch Allyn Spot Vision Screener that will serve approximately 10,000 Omaha area students by screening for potential vision concerns. Students can then be referred for treatment and as a result can have improved educational experiences following resolution of vision problems.



NORTHSTAR - \$3,500

This grant will assist in expanding the successful Leadership NorthStar program for a second year. This program brings together a select cohort of NorthStar high school boys with a demonstrated high potential for future leadership and civic engagement. This cohort of young men are participating in a unique 10-month curriculum of community involvement, leadership capacity building, and service experiences designed to highlight the invaluable assets of social capital and future orientation.

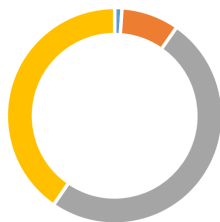


VOLUNTEERS ASSISTING SENIORS - \$4,000

This grant will assist trained and certified volunteers and staff in providing counseling and educational presentations to help seniors and caregivers navigate the complex Medicare system, enabling them to make informed choices and save hundreds of dollars after reviewing and comparing plan options.

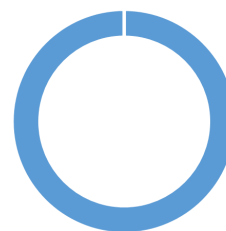


Primary Foundation Funds
Actual Allocation
\$633,185.42



- Cash and Cash Investments
- Fixed Income
- Mutual Funds
- Exchange Traded Funds

Foundation- Paustian Trust
Actual Allocation
\$176,383.42



- Mutual Funds
-

SPECIAL THANKS TO OUR 2024 DONORS

The donors listed below made contributions the Metro Omaha Medical Society Foundation either to the general grant fund, as a memorial or through the Match Grant Program.

We thank each and every donor for enabling the MOMS Foundation to make a positive impact in the community.

\$5,000 AND ABOVE

Alan Thorson, MD

\$1,000 AND ABOVE

Naresh Dewan, MD & Meera Dewan, MD
Stephanie Hartman, MD & Curtis Hartman, MD
Metro Omaha OB GYN Society

Audrey Paulman, MD
Deb Romberger, MD
David Watts, MD

\$500 AND ABOVE

Jill & Robert Cochran, MD
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Becky DeVries, DO
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Bill Lydiatt, MD
John Mitchell, MD & Kathleen Mitchell, MD
Joanie & Rowan Zetterman, MD

\$250 AND ABOVE

Jerry Fischer, MD
Therese & Timothy Fitzgibbons, MD
Herbert Hartman, MD (in memory of Michael Sorrell, MD)
Rachel Johnson, MD
Michelle Knolla, MD
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